



Identify and Contact Your Policymakers

Members of Congress want to hear from their constituents on matters that are important to them. You play a critical role in informing them and their staff. When you weigh in, they take notice!

To find your policymakers visit govtrack.us, type in your zip code, and follow the link to their official website for contact and biographical information, policy positions, and legislation they've sponsored. Be sure to visit their official website, rather than their campaign site, when connecting with them about critical policy issues.

Most legislative offices will only respond to constituents, so let them know that you are a neuroscientist that lives or works in their district or state. If you are not in the U.S., contact SfN (advocacy@sfn.org) for additional information on how to connect with your national organization to help identify and contact policymakers around the globe.

To find current legislation and voting records, which may inform your messaging with policymakers, visit congress.gov, the central repository for all federal legislative information. In the main search bar look up information by bill number, keywords, or by your policymaker's name.

Review other resources at sfn.org/advocacy for additional details on how to engage with your policymakers through letters, phone calls, and in-person meetings. You can always reach out to advocacy@sfn.org if you need further assistance.